Wiggle Like a Fall Leaf

A gentle autumn movement song for little ones. Children wiggle their fingers like leaves, sway and twirl in the wind, crouch down like tiny pumpkins and stretch up big, then march through crunchy pretend leaves. A quiet ending lets everyone float softly to the ground, giving the song a natural wind-down.

Verse 1

Little leaf up in a tree,
Wiggle, wiggle, just like me!
Wind says, “Whoosh!” and down you go,
Twirl around and float down slow.

Move: arms up like branches, wiggle fingers, sway on “Whoosh,” then twirl slowly.

Chorus

Wiggle, wiggle, float, float, float!
Little leaf, away you go!
Red and yellow, orange and brown,
Twirl, twirl, twirl—then crouch right down!

Move: wiggle the whole body, float arms down, twirl three times, then bend forward with hands on knees.

Verse 2

Little pumpkin, round and low,
How big can a pumpkin grow?
Start out small, then stretch up tall—
You’re the biggest one of all!

Move: kneel small like a tiny pumpkin, rise slowly onto tiptoes, reach high on “biggest one of all.”

Repeat chorus

Verse 3

Crunchy leaves beneath our feet,
Make a little marching beat!
Step, step, crunch! Step, step, crunch!
Now scoop up a leafy bunch!

Move: march in place, stomp on “crunch,” then scoop up with both arms.

Repeat chorus

Ending (sing softly)

Little leaf, it’s time to rest,
Find the spot you like the best.
Floating softly to the ground…
Shhh… now settle down.

Move: flutter hands down slowly and settle into criss-cross sitting.

Motions at a glance

Wiggle fingers · Sway and twirl · Kneel like a tiny pumpkin · Stretch up big · March through pretend leaves · Scoop up leaves · Float down and rest



Dance along with Milo, June, Finn and Lainey!

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